

SCHEDULE

Path of Liberation Levels 1 & 2:

Mind Creates Reality & Mind and Emptiness Retreat (IN PERSON)

Day 1 Friday, May 31	6:30 PM	Teaching (2h 15 min)	Mingyur Rinpoche	
	9:15 AM	Group practice (1h 30min)	Umdze	
Day 2 Saturday, June 1	10:45 AM	Self practice / Break (30min)	-	
	11:15 AM	Group practice (1h 30min)	Umdze	
	12:45 PM	Self practice / Break (1h 30min)	-	
	2:15 PM	Teaching (1h 30min)	Khenpo Gyurme	
	3:45 PM	Self practice / Break (30min)	-	
	4:15 PM	Q&A Session (1h)	Tergar Guides	
	5:15 PM	Self practice / Break (1h 30min)	-	
	6:45 PM	Teaching (2h 15 min)	Mingyur Rinpoche	
	Day 3 Sunday, June 2	9:15 AM	Group practice (1h 30min)	Umdze
		10:45 AM	Self practice / Break (30min)	-
11:15 AM		Group practice (1h 30min)	Umdze	
12:45 PM		Self practice / Break (1h 30min)	-	
2:15 PM		Teaching (1h 30min)	Khenpo Gyurme	
3:45 PM		Self practice / Break (30min)	-	
4:15 PM		Q&A Session (1h)	Tergar Guides	
5:15 PM		Self practice / Break (1h 30min)	-	
6:45 PM		Teaching (2h 15 min)	Mingyur Rinpoche	
Day 4 Monday, June 3		9:00 AM	Group practice (1h 30min)	Umdze
	10:30 AM	Self practice / Break (30min)	-	
	11:00 AM	Q&A Session (1h)	Tergar Guides	
	12:00 PM	Self practice / Break (1h 30min)	-	
	1:30 PM	Teaching (2h 30 min)	Mingyur Rinpoche	
	4:00 PM	Self practice / Break (30min)	-	
	4:30 PM	Group practice (1h 30min)	Umdze	
	6:00 PM	Self practice / Break (1h 30min)	-	
	7:30 PM	Teaching (1h 30min)	Khenpo Gyurme	
Day 5 Tuesday, June 4	9:00 AM	Group practice (1h 30min)	Umdze	
	10:30 AM	Self practice / Break (30min)	-	
	11:00 AM	Q&A Session (1h)	Tergar Guides	
	12:00 PM	Self practice / Break (1h 30min)	-	
	1:30 PM	Teaching (2h 30 min)	Mingyur Rinpoche	
	4:00 PM	Self practice / Break (30min)	-	
	4:30 PM	Group practice (1h 30min)	Umdze	
	6:00 PM	Self practice / Break (1h 30min)	-	
Day 6 Wednesday, June 5	7:30 PM	Teaching (1h 30min)	Khenpo Gyurme	
	9:00 AM	Group practice (1h 30min)	Umdze	
	10:30 AM	Self practice / Break (30min)	-	
	11:00 AM	Q&A Session (1h)	Tergar Guides	
	12:00 PM	Self practice / Break (1h 30min)	-	
	1:30 PM	Teaching (2h 30 min)	Mingyur Rinpoche	
	4:00 PM	Self practice / Break (2h)	-	
	6:00 PM	Empowerment (3h)	Mingyur Rinpoche	