

SCHEDULE

Dorje Drolö: The Foundational Practices (IN PERSON)

Day 1 Thursday, June 13	1:30 PM	Empowerment (3h)	Mingyur Rinpoche
	4:30 PM	Self practice / Break (2h 15min)	-
	6:45 PM	Teaching (2h 15 min)	Mingyur Rinpoche
Day 2 Friday, June 14	9:15 AM	Group practice (1h 30min)	Umdze
	10:45 AM	Self practice / Break (30min)	-
	11:15 AM	Group practice (1h 30min)	Umdze
	12:45 PM	Self practice / Break (1h 30min)	-
	2:15 PM	Teaching (1h 30min)	Khenpo Gyurme
	3:45 PM	Self practice / Break (30min)	-
	4:15 PM	Q&A Session (1h)	Tergar Guides
	5:15 PM	Self practice / Break (1h 30min)	-
	6:45 PM	Teaching (2h 15 min)	Mingyur Rinpoche
	Day 3 Saturday, June 15	9:15 AM	Group practice (1h 30min)
10:45 AM		Self practice / Break (30min)	-
11:15 AM		Group practice (1h 30min)	Umdze
12:45 PM		Self practice / Break (1h 30min)	-
2:15 PM		Teaching (1h 30min)	Khenpo Gyurme
3:45 PM		Self practice / Break (30min)	-
4:15 PM		Q&A Session (1h)	Tergar Guides
5:15 PM		Self practice / Break (1h 30min)	-
6:45 PM		Teaching (2h 15 min)	Mingyur Rinpoche
Day 4 Sunday, June 16		9:15 AM	Group practice (1h 30min)
	10:45 AM	Self practice / Break (30min)	-
	11:15 AM	Group practice (1h 30min)	Umdze
	12:45 PM	Self practice / Break (1h 30min)	-
	2:15 PM	Teaching (1h 30min)	Khenpo Gyurme
	3:45 PM	Self practice / Break (30min)	-
	4:15 PM	Q&A Session (1h)	Tergar Guides
	5:15 PM	Self practice / Break (1h 30min)	-
	6:45 PM	Teaching (2h 15 min)	Mingyur Rinpoche